

0.62

$$\begin{aligned} & 0.62 \times 100\% \\ &= (0.62 \times 100)\% \\ &= \boxed{62\%} \\ & \quad \uparrow \\ & \text{less work 😊} \end{aligned}$$

$$\begin{aligned} & 0.62 \times \frac{100}{100} \\ &= \frac{0.62}{1} \times \frac{100}{100} \\ &= \frac{0.62 \times 100}{1 \times 100} \\ &= \frac{62}{100} \\ &= \boxed{62\%} \end{aligned}$$

$$\begin{aligned} & \frac{9}{20} \times 100\% \\ &= \left(\frac{9}{20} \times 100\right)\% \\ &= \left(\frac{9}{20} \times \frac{100}{1}\right)\% \\ &= \boxed{45\%} \end{aligned}$$

$$\begin{aligned} & \frac{9}{20} \\ & \frac{9}{20} \times \frac{5}{5} \\ &= \frac{9 \times 5}{1 \times 100} \\ &= \frac{45}{100} \\ &= \boxed{45\%} \end{aligned}$$

$$\begin{aligned} & \frac{9}{20} \\ &= 9 \div 20 \\ &= 0.45 \\ &= 0.45 \times 100\% \\ &= \boxed{45\%} \end{aligned}$$

$$\frac{9}{20} \overset{\times 5}{=} \frac{45}{100} = \boxed{45\%}$$

↑  
My preference