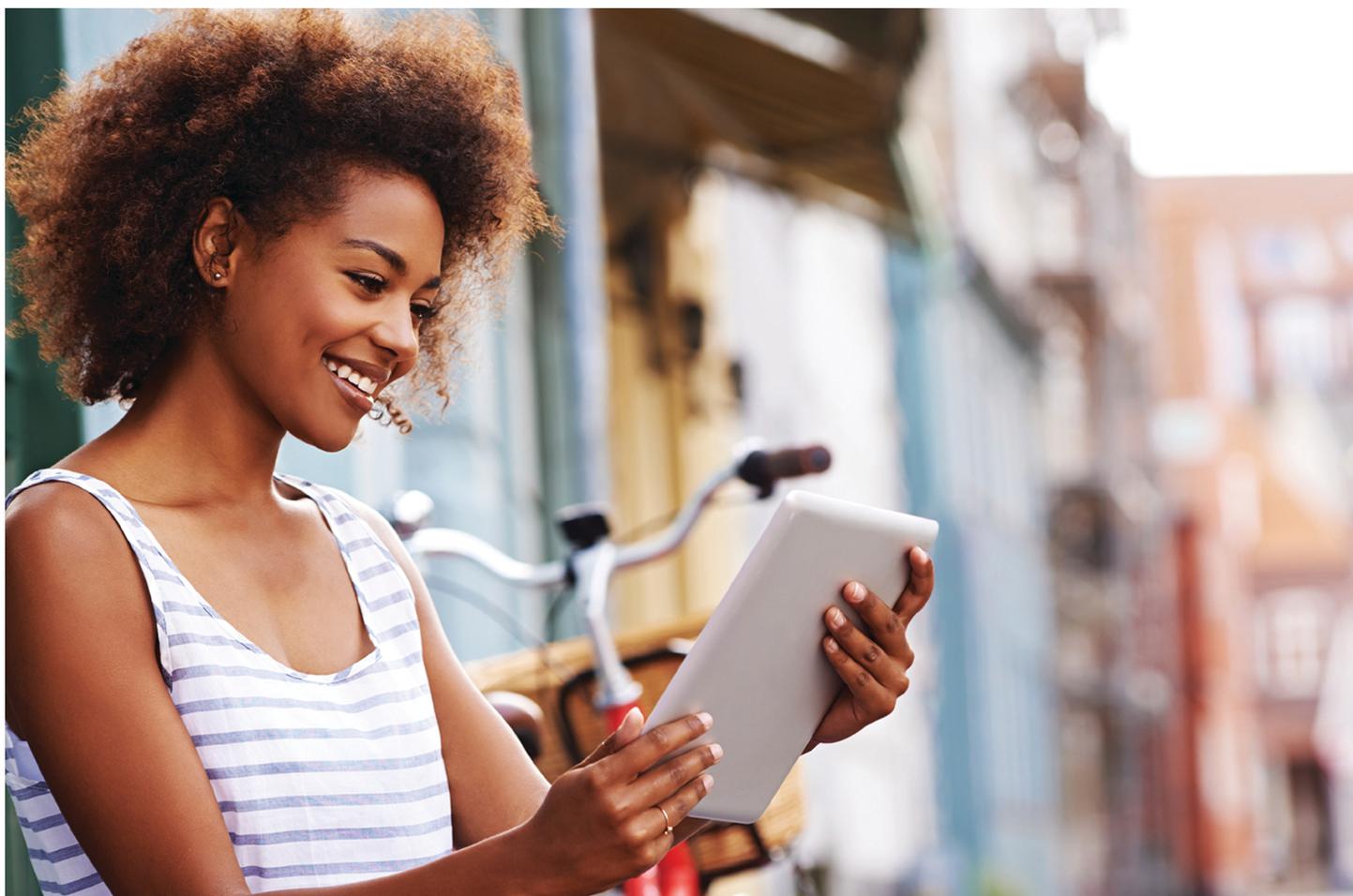




Taking my learning further



Contents

1 What have I learned?	3
2 Badges and statement of participation	3
3 Where next?	4
4 Feedback	5
Acknowledgements	5

1 What have I learned?

We hope you found *Caring for adults* interesting and informative.

You may remember answering a few questions at the start of the course about your learning motivations. Now you've completed all or part of the course we'd like to ask you to reflect on your experience by completing one last short activity.

Activity 1

Allow about 15 minutes

Questionnaire about your learning (2)

If you would like to review your responses to the first questionnaire at the start of the course you can do so by revisiting the Questionnaire about your learning (1).

Consider where you were when you first started this course.

- How did studying this course fit within your general everyday routine? Did you make or were you given dedicated time to work on it?
- Were there any particular challenges you faced? How did you overcome them?
- Have you learned anything that you will be able to take forwards in the future? How might this influence how you do things in the future?

By studying this course you should now be able to:

- describe the role and responsibilities of carers
- recognise some of the basic concepts that will enable a person-centred approach to care
- identify the different needs of a cared-for person, at different stages of their care
- understand the impact that caring may have upon carers, and how responses might be managed
- explain some of the legal responsibilities within the caring role.

2 Badges and statement of participation



We hope that you now feel a sense of achievement after collecting the badges for *Caring for adults*. For a reminder on how to obtain your badges after completing a section, please see [How do I access my badge?](#)

For a reminder on how to obtain your statement of participation after achieving all of your badges, please see [How do I access my statement of participation?](#)

If you haven't yet collected the full set of five badges for *Caring for adults*, you still have the opportunity to return to the course and attempt other sections. When you have collected all five badges you will be able to download a statement of participation. It shows

that you have successfully completed the whole course and you can take it to your employer to demonstrate self-directed learning and support for personal development.

When you have successfully completed a section and passed the associated quiz assessment, you will receive your *Caring for adults* badge for that section. You will receive email notification that your badge has been awarded and it will appear in your *My Badges* area in your OpenLearn Works profile. Please note it can take up to 24 hours for a badge to be issued.

You will be notified by email if you have received a statement of participation. Once it is available (as a PDF file), you will be able to see and download it from your OpenLearn Works profile.

It may take up to 24 hours for the statement of participation to be issued after you have completed the course.

3 Where next?

We hope you enjoyed *Caring for adults*, and we hope the course has inspired you to continue your learning journey. Below are some key links to where you might like to go next.

Progressing your career

- [National Careers Service](#)
- [Sector Skills Councils](#)
- [Skills for care](#)
- [UNISON](#)

Volunteering

You may like to consider volunteering to extend and enhance your skills and knowledge. These websites may help you to think about your options:

- [Leonard Cheshire Disability](#)
- [National Council for Voluntary Organisations \(NCVO\)](#)

More free, informal courses

Caring for adults is one of a suite of six courses. You may like to study one of the other [five](#).

The OU provides [further online introductory courses](#) and [skills for study courses](#), all of which are free and online.

[FutureLearn](#) has a wide range of online courses that you may like to consider.

The PEARL website

[Part-time Education for Adults Returning to Learn \(PEARL\)](#) is a useful website for adults looking for part-time study opportunities, including all types of provision from free, non-accredited courses through to higher-level learning.

The Open University

You may like to consider one of The Open University's [Access courses](#) to prepare you for successful study towards a nationally recognised higher education qualification.

The Open University offers [a range of qualifications](#) that you might want to consider.

Health & Social Care degree qualifications

If you would like to take a more in-depth look at studying health and social care then you can find out more at The Open University's [Health and Social Care qualifications](#) website.

FEEDBACK

4 Feedback

Finally, please take our short [Open University end-of-course survey](#).

We're really interested in hearing from you, and completing this survey should take no more than 10 minutes.

Acknowledgements

This free course was written by Frances Doran (Operations Training Supervisor at Leonard Cheshire Disability) and John Rowe (Lecturer for The Open University).

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