

Document name: Coach observation form  
Document date: 2019  
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OpenLearn course: Coaching others to coach  
OpenLearn url: <https://www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview>

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Communication		Comments
<b>Does the coach:</b>		
1. Give clear and concise instructions	Y/N	
2. Provide appropriate feedback to the participant	Y/N	
3. Use questions effectively to encourage participant feedback	Y/N	

Developing skills and understanding		Comments
<b>Does the coach:</b>		
4. Identify key coaching points	Y/N	
5. Provide effective demonstrations	Y/N	
6. Correct technique where required	Y/N	
7. Use an appropriate type of practice	Y/N	
8. Check for learning	Y/N	

Coach attributes		Comments
<b>Does the coach:</b>		
9. Convey enthusiasm	Y/N	
10. Make the session fun and enjoyable	Y/N	
11. Create a positive and constructive learning environment	Y/N	