NEXT STEPS

Now that you've had a chance to explore OpenLearn, spend some time thinking about your next steps.

When you have had time to think about it, you can decide to continue with informal learning online or try a different challenge, including formal study.

Reflecting on my learning

Review your progress and reflect on how your learning is going. You can use the learning log on **page 23**, a notebook or a Word document for this. Write down the different subjects you have covered and some comments on how you found the resources in terms of interest and level of difficulty. This will help you identify which areas appeal to you and the level that's right for you. Have you found yourself making links between what you've learned and things you come across in everyday life, for instance watching the news or talking to friends? Have you surprised yourself with what you've learned, maybe feeling strongly about an issue you didn't know about before?

Reflecting can help you look at your choices and motivations, and to appreciate the skills and qualities you already have. OpenLearn Create has a range of courses that can help you reflect on where you are and where you would like to be.

The Reflection Toolkit is for anyone who is considering making a change in their life.

Caring Counts is for carers who are thinking about a life outside of their caring role.

Reflecting on Transitions is for New Scots, such as refugees, asylum seekers and migrants.

Career planning

If you are thinking of studying with a career goal in mind and want to plan your next steps, the Open University careers website offers information and tips on choosing and planning your career. The website is open to anyone, at any stage of their learning journey.

If you go on to register for formal study with the OU, you can also access our Careers & Employability Services where you can access a range of services including one to one consultations, webinars, forums and take the next steps to becoming OU Career Confident.

www.open.ac.uk/careers

There are also OpenLearn resources to get you thinking about your career. You can find these and more on OpenLearn:

- **Skills for work**
- **Developing career resilience**
- **Succeed in the workplace**