

Time to Think

Open University Journeys in British and Irish prisons during the years of conflict, 1972-2000

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This audio appears in the OpenLearn course, *Coping with isolation: Time to Think*: <https://www.open.edu/openlearn/health-sports-psychology/coping-isolation-time-think/content-section-overview>

# Session 3 audio

Eddie Kinner

Well, I mean you have to bear in mind that the prison environment I was in was an unusual prison environment, and I think in and around the time that I started The Open University courses there was, you were evolving in confinement but you were evolving in a way in terms of, some people would lie, laze about and do nothing, other people would do handicrafts. Everybody got their day in differently, and I watched different people. I would have watched different people saying, ‘Okay, I mean, we are doing indeterminate sentences, we have no idea, we may never get out of here but in the possibilities that we do, how are we going to be able to keep down a day’s work if we lie about?’