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Statement of participation

Guest user

has completed the free course including any mandatory tests for:

Young people's wellbeing (OLD)

This 16-hour free course explored the range of factors affecting young people's wellbeing, and how to improve their physical and mental health.

Issue date: 14 March 2022



www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification.
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:
https://www.open.edu/openlearn/health-sports-psychology/young-peoples-health/young-peoples-wellbeing-old/content-section-0

COURSE CODE: **KE308_1**

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Young people’s wellbeing (OLD)

https://www.open.edu/openlearn/health-sports-psychology/young-peoples-health/young-peoples-wellbeing-old/content-section-0

Course summary

Please note: We are currently working on updating this course and a newer version will be available at the same link on Thursday 5 August 2021. As a result, this current version will be deleted from OpenLearn on Wednesday 4 August 2021, so if you are currently studying this course, please make sure you complete the course and download your statement of participation before this date. You can however, study the new course and receive a new statement of participation upon completion.What do we mean by 'wellbeing' for young people? How is it shaped by social differences and inequalities, and how can we improve young people's mental and physical health? This free course, Young people's wellbeing, will examine the range of factors affecting young people's wellbeing, such as obesity, binge drinking, depression and behavioural problems.

Learning outcomes

By completing this course, the learner should be able to:

- demonstrate an awareness of current media and policy discourses surrounding young people's physical and mental health
- critically analyse ideas about young people's wellbeing using a range of theoretical perspectives
- demonstrate an understanding of some of the ways in which young people's experience of mental health is shaped by diversity and inequality
- demonstrate an awareness of different approaches to promoting young people's wellbeing.

Completed study

The learner has completed the following:

Section 1

Course overview

Section 2

Frameworks for understanding young people's wellbeing

Section 3

Diverse and unequal experiences

Section 4

Promoting wellbeing

Section 5

Conclusion