

Anxiety

'Stress, fear and Worry'

Social and Environmental

- Life experiences
- Family circumstances
- Traumatic events

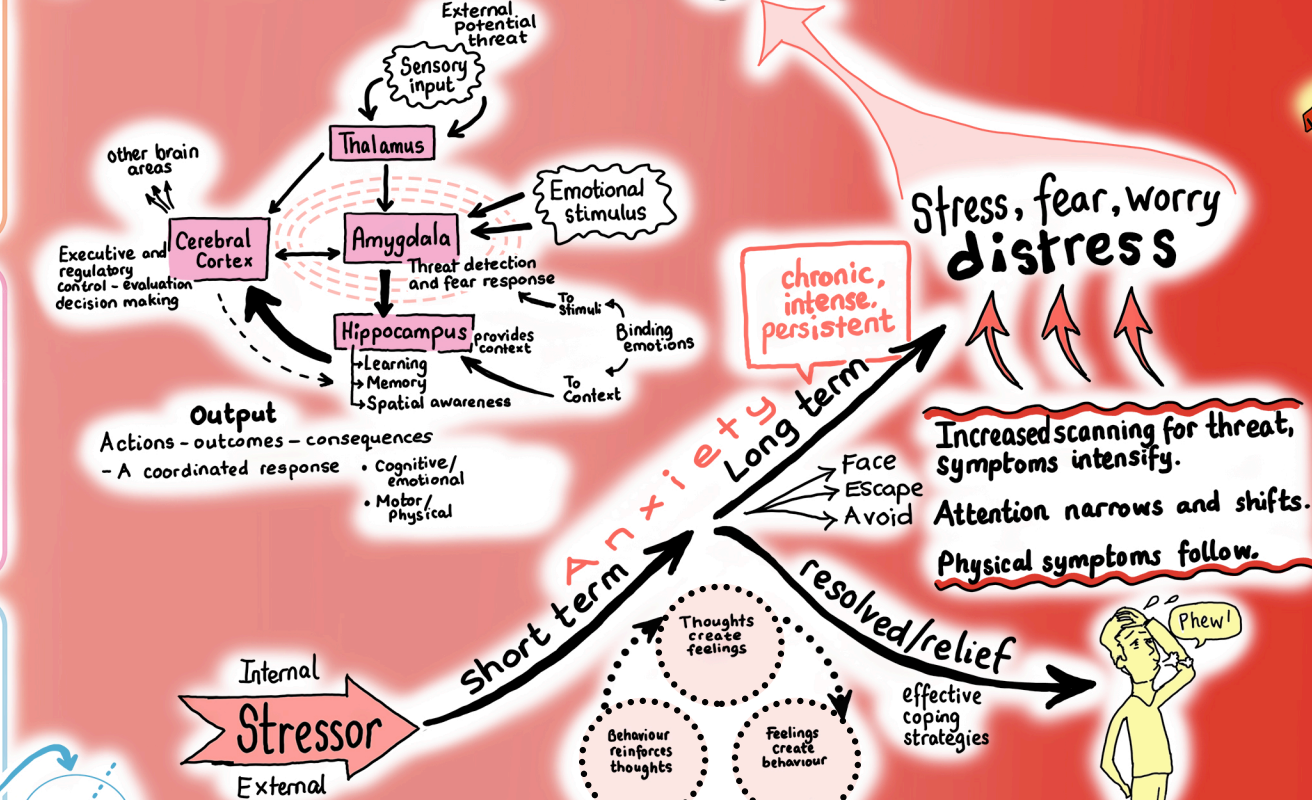
Biological

- Neurobiology
- Hereditary factors
- (Epi)genetics
- Medical conditions
- HPA Axis

Psychological

- Psychological theories
- Diathesis stress model
- State V Trait
- Learned response
- Freud's theory of 'unconscious conflict'
- Beck's cognitive model

Anxiety



Measures

- Depression Scales
- Anxiety Scales
- Mood Scales
- Apathy Scales

Animal Models

- Despair based
- Reward based
- Early life stress
- Stress based

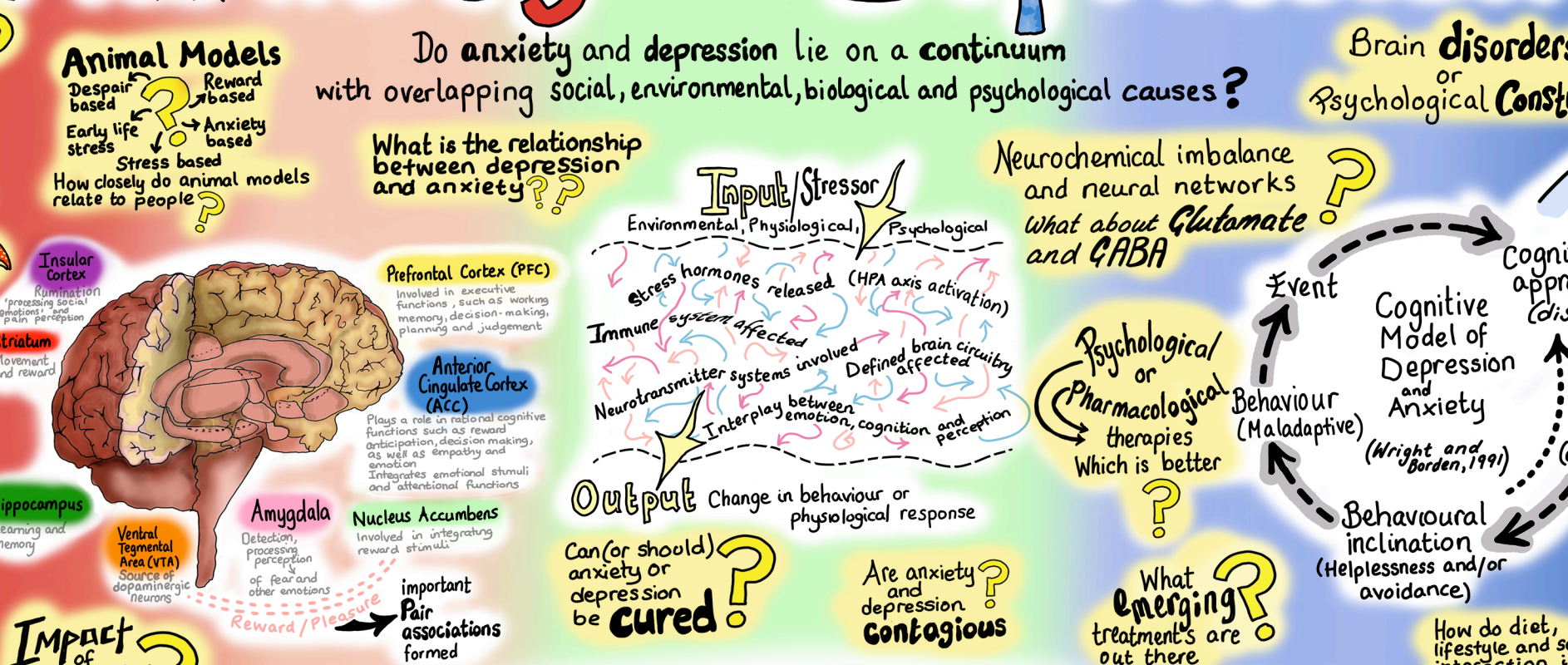
Psychophysics

- Is it common for anxiety and depression to co-exist?
- Cause or consequence?
- Co-existing with other conditions
- diabetes, cancer, dementia, cardiovascular disease

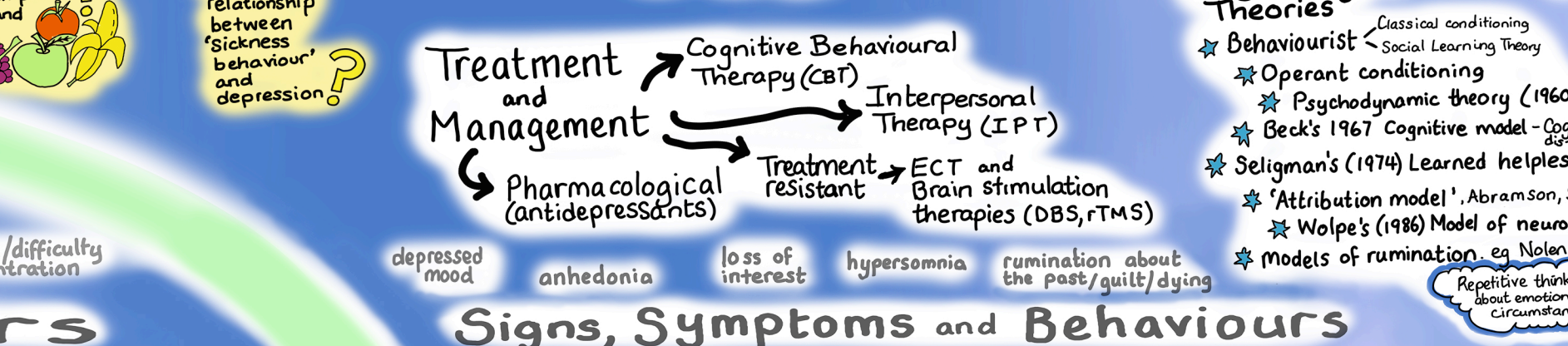
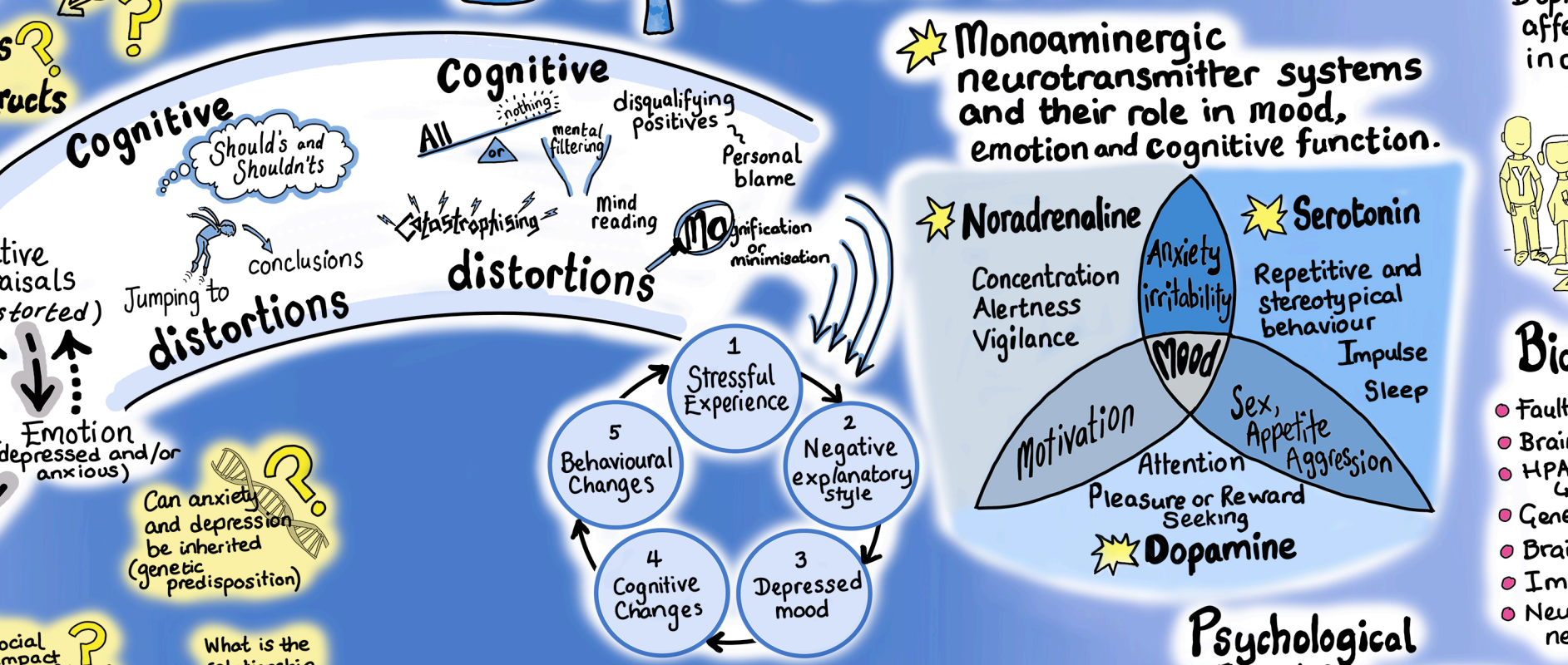
Biomarkers

- (e.g. genetic, blood, brain imaging)

Anxiety and Depression



Depression



Depression

'Beyond Sadness'

