Key

1. Cudmore Grove Country Park
   (Essex County Council)
2. Ray Island
   (National Trust/Essex Wildlife Trust)
3. Copt Hall
   (National Trust)
4. Old Hall Marshes
   (Royal Society for the Protection of Birds)
5. Tollesbury Wick Marshes
   (Essex Wildlife Trust)
6. Northey Island
   (National Trust)
7. Bradwell Bird Observatory
   (Essex Birdwatching Society)
8. Bradwell Shell Bank & Salting
   (Essex Wildlife Trust)