Our Principles

Our vision is that people with learning disabilities should have the choice to build a life of their own with the active support of family and friends, on a foundation of good quality support and accommodation.

We believe that a home of one's own is a basic human need. People who have learning disabilities are entitled to any special help that they may require to create a home life in their local community.

Our main aim is to provide individualised support for people with learning disabilities in a range of home and community settings. We are committed to embrace participation and social inclusion as vital components of an empowering service.

By providing the right support in good quality housing with active community links, we are striving to provide positive opportunities for:

- **Personal development**
  - so that each person's potential for personal growth is recognised, respected and nurtured.
- **Inclusion**
  - so that people can use the full range of community facilities.
- **Relationships**
  - so that people can develop a range of warm, friendly and loving relationships.
- **Choices**
...so that people can express their individuality and also have meaningful control over their lives.

- Participation
  ...so that people can influence the nature of services being provided.

Our support is based on what the people we support have told us about What Matters Most in their lives.
What Matters Most

A Home
- comfort, space, privacy and security
- being with people you want to be with
- a sense of belonging

Being Respected
- focussing on each person's strengths and talents
- relating to people positively, finding common ground and mutual interests
- recognising people's special needs and ensuring they get the special help needed
- always supporting people in ways which enhance their self esteem and self worth

Good Friends
- building good relationships with the people we support
- assisting people to make and maintain a network of relationships
- helping people and families fulfil their role as advocates

Getting out and About
helping people to take part in community activities
recognising new relationships and activities need to be nurtured
seeking the opportunities for individuals in settings in which they will flourish
start sensitively trying to change the attitudes which create barriers to participation

Realising Ambition
spending time to get to know people properly
finding out about people's interests, ambitions and priorities
helping people achieve the things that are important to them
harnessing resources of others to help people achieve their aspirations