

Advance your independent learning (YXM830) Transcript

What if you had the freedom to design your very own module? Think of a question or problem that you'd like to explore. It could be anything, such as 'What are the benefits of outdoor swimming?'

In time you may well refine your question into something more specific, such as 'How does exercise improve mental health?' The quest to unravel the answer to your question could be the start of a unique journey of study tailored just for you.

It may be that you have a particular challenge in your life, either at home or at work. The module is your chance to answer your own question in a rigorous and structured way.

Working with your tutor on YXM830, you are in the driving seat. You can navigate topics and cross subject disciplines in your own learning adventure. You get a chance to take control of your studies and design and complete your own investigation to suit your own long term objectives.

You'll be exploring and bringing together information from a wide range of sources and different media: Academic journals, reports, research papers, multimedia content and blogs as well as books.

You can include in your learning time free online courses or professional development courses you've already completed.

As well as working with you tutor, you get input from other students taking the module, which gives you different perspectives, as you present your work for feedback at each step of the process.

At the end of the module, you can present your findings in a variety of ways from an animation to an in-depth written report. You'll also have a chance to reflect on your learning journey, how your ability to research and learn independently has improved and how you may use your new skills in other aspects of your life.

What's your question?