

Five tips for making friends at university

Tip 1

Try new things

Trying new things can be a great way to meet like-minded people

Tip 2

Say 'yes'

Saying yes opens up new opportunities to meet new people

Tip 3

Ask questions

Try making conversation with new people by asking questions

Tip 4

Smile

Smiling makes you appear more approachable

Tip 5

Take control

Speak to the people you'd like to chat to.

Introduce yourself – you'll be surprised how your confidence will grow!