

5 tips for returning to education

Tip 1

Plan your weeks

Make a realistic plan that includes all your other commitments

Build study time into your weekly plan

Tip 2

Ask for help

Don't be afraid to ask when you need help

Many others will be feeling the same

Tip 3

Celebrate your previous skills

You have not been left behind

You have developed other key skills

Tip 4

Brush up on your academic skills

Spend some time researching academic skills like referencing and research

This will help you feel more prepared

Tip 5

Get into the habit of reading

All reading will help you read more critically

And help you with your studies!