



The National Enrichment Programme 2025/26

Timetable

Date	Session title	Details
8/09/2025	Pathways into engineering	Insight video Engineering lecturer, Gordon Collins (Coleg Gwent) will explain how you can get into engineering, the career opportunities available and the skills you need to be successful.
22/09/2025	How does an MRI scanner work?	Insight video Have you ever wondered how an MRI scanner works and the role it plays within modern medicine and sports science? Here's your chance to find out from the experts at Neath Port Talbot College's Academy of Sports.
13/10/2025	Planetary Defence – Defending earth from asteroids	Video activity Learn about the fascinating research undertaken by scientists at The Open University and around the world, to protect the Earth from dangerous asteroids. Discover recent and upcoming missions undertaken by leading space agencies around the world and find out how you can get involved.
17/11/2025	Entrepreneurship	Video activity As part of Entrepreneurship Week 2025, an OU Entrepreneur in Residence will give you an introduction to entrepreneurship and some tips on how to develop business ideas.
8/12/2025	Insight into catering and hospitality	Insight video Find out more about the career opportunities available in the hospitality sector as we visit a busy restaurant.
19/01/2026	Why digital skills are important	Podcast In this podcast, hosted by Fintech Wales, you'll hear from industry leaders giving their thoughts on the skills of the future and how you can make yourself more employable.
16/02/2026	Building your personal brand	Video activity Learn how to define and market yourself as a distinct individual that stands out. Personal branding can help you present yourself positively to employers, increasing your chances of success.

Date	Session title	Details
2/03/2026	A day in the life of a construction worker	<p>Insight video</p> <p>Follow a construction apprentice on a day in placement to gain an insight into a career within this field.</p>
23/03/2026	Life Skills: finance and budgeting	<p>Video activity</p> <p>Lisa Davies, Partnerships Manager at The Open University in Wales, will help you better understand the important life skills of managing personal finance and budgeting.</p>
13/04/2026	Interview Skills	<p>Video activity</p> <p>Watch a mock interview to find out what to expect at a job interview and how to answer questions to the best of your ability.</p>