

Study Information leaflet



Experiences of young, adult and older adult carers, and their relationship with physical activity, during the period of self-isolation resulting from the COVID-19 pandemic: Case studies

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We are conducting a study to explore the experiences of being a family carer, particularly during the period of self-isolation resulting from the COVID-19 pandemic and are looking for young carers (aged 16-24), adult carers (aged 25-64) and older adult carers (65+) to take part. The research has been agreed by the OU Human Research Ethics Committee (HREC/3614/Vseteckova/Horne).

Participants in the study will be asked to take part in two telephone / Skype interviews (lasting approximately 1 hour each) and create a visual map to represent the timeline and experiences within your caring role. Participation will be completed within a period of up to 10 days. In order to participate, you will need to have an email address and access to either a digital camera or smartphone.

All information provided will be kept strictly confidential and will only be viewed by members of the research team. Research data will be fully anonymised, to protect participants and their family member. Even if you decide to take part, you have the right to withdraw from the study at any time during the study.

To find out more about how to take part in the study, please contact the lead researcher, Dr Jitka Vseteckova at jitka.vseteckova@open.ac.uk.

Thank you for taking the time to read this leaflet and for your interest in our research,

Jitka Vseteckova and the research team.

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