

Intermediate Self-Study Plans

Pack A: Weeks 1 – 6

Welcome to TREE's Intermediate Self-Study Pack A

Introduction

This pack offers links to a range of content, organised according to level, theme, grammar, vocab and skills.

For each week we provide a link to at least three specially selected activities which you can work through in your own time. You can check answers at the end of each activity and re-do any activities which you found challenging.

If you are not sure of your level, you can do this quick online test: <https://learnenglishteens.britishcouncil.org/content>

Organise your time



We suggest you set aside regular short periods of time during the week to work on your English. The schedule we provide allocates tasks for you to complete on Mondays, Wednesdays and Fridays, but please feel free to change the days and times to suit your schedule.

Keep a notebook



Remember to record new words and phrases in your notebook during each session. Try to include an example of the new word in a sentence, or maybe include a drawing, or translate the word into Myanmar. All of these things will help you to remember them.

Keep any written work in this notebook too, so you can refer to it and see how your English has improved over time.

Record your progress

At the end of each week's schedule, there is a chart like this one:

Task	Completed √ / x
LISTENING: Transport Announcements	
READING PRACTICE- Bangkok	
LISTENING: Panama Canal	



You can record your progress by ticking off the tasks as you complete them.

There is also a big chart on the last page which contains ALL of the tasks from weeks 1 – 6. If you complete all of the tasks in 6 weeks, **CONGRATULATIONS!** Give yourself a reward before you move on to the next level.

Additional Materials When you have finished **Pack A**, you can move onto **Intermediate Pack B** which contains another 6 weeks' worth of materials.



You can also supplement these activities with additional resources from our extensive reading and video packs. The **Video Packs** contain a series of short videos about real people dealing with different kinds of challenges in life and the **Extensive Reading Packs** contain links to English Readers with tasks for you to complete. Coming Soon!

In the meantime, you can also find additional free resources at <https://learnenglishteens.britishcouncil.org/> and <https://learnenglish.britishcouncil.org/>

If you are teacher, you can find resources and information about teaching English at <https://www.teachingenglish.org.uk/>

Contents

	Theme	Grammar / Vocab	Skills
Week 1	Getting Started and Looking Forward	Future forms Imperatives for giving advice	SPEAKING: Meeting Someone for the First Time READING: Study Tips for Learning a Language LISTENING and GRAMMAR: The Bike Race
Week 2	Teaching and Learning	Vocab: Education Question Forms	WRITING: Reflecting on a Learning Experience LISTENING: Jack wants to be a PE Teacher READING: Robot Teacher
Week 3	Work-Life Balance	Vocab: Work and Jobs	LISTENING: Motivation LISTENING: Work-Life Balance READING: More on Work-Life Balance
Week 4	Speculating about Food and Life on Mars	Modals of Deduction Vocab: adjectives to describe food	LISTENING and GRAMMAR: What's for dinner tonight? LISTENING: Tastes READING and GRAMMAR: Life on Mars
Week 5	Celebrations	Future forms Modals for offers, requests, permission	LISTENING : Celebrations LISTENING and GRAMMAR: Chinese New Year
Week 6	Fake News	Vocab: Internet safety Imperatives for giving advice	LISTENING: 5 tips for Spotting Fake News READING: Fake News READING: How to be a Safe Searcher LISTENING: What does 'fake' really mean?

Intermediate Self-Study Plans: Week 1- Getting Started and Looking Forward

Monday	Wednesday	Friday
<p>SPEAKING: Meeting someone for the first time</p> <p>Watch the video and practice using these useful phrases to use when you meet someone for the first time.</p> <p>Which of these phrases will you use the next time you meet someone for the first time?</p> <p>https://learnenglish.britishcouncil.org/skills/speaking/intermediate-b1/meeting-face-to-face</p>	<p>READING: Study Tips for Learning a Language</p> <p>What other tips do you have for learning a new language?</p> <p>Make a note of your top 3 tips in your notebook.</p> <p>https://learnenglish.britishcouncil.org/skills/reading/pre-intermediate-a2/study-skills-tips</p>	<p>LISTENING and GRAMMAR: The Bike Race</p> <p>As Oliver and Alfie talk about their upcoming bike race, notice the range of future forms they use to express predictions, plans and spontaneous ideas.</p> <p>Read the explanations and do the tasks to check your understanding.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/intermediate-grammar/future-forms</p>

Task	Completed √ / x
SPEAKING: Meeting Someone for the First Time	
READING: Study Tips for Learning a Language	
LISTENING and GRAMMAR: The Bike Race	

Intermediate Self-Study Plans: Week 2 – Teaching and Learning

Monday	Wednesday	Friday
<p>WRITING: Reflecting on a learning experience.</p> <p>Read about the writer’s experience working as a volunteer English teacher.</p> <p>Read the writing tips, do the preparation tasks and then tell us about your last challenging learning experience.</p> <p>You can share your answer in the chat, and record it in your notebook.</p> <p>https://learnenglish.britishcouncil.org/skills/writing/intermediate-b1/reflective-writing</p>	<p>LISTENING: Jack wants to be a PE Teacher</p> <p>Jack’s applying to university to train as a PE (physical education) teacher. How do you think the interview goes?</p> <p>Do you think you might have to do an interview in the future? What have you learned from this video?</p> <p>https://learnenglishteens.britishcouncil.org/skills/speaking/upper-intermediate-b2-speaking/interview</p>	<p>READING: Robot Teacher</p> <p>Read this article about Robot Teachers. Do the preparation task to review some useful vocabulary. Then do the tasks to check your understanding.</p> <p>Would you like to have a robot teacher?</p> <p>https://learnenglish.britishcouncil.org/skills/reading/intermediate-b1/robot-teachers</p>

Task	Completed v / x
WRITING: Reflecting on a Learning Experience	
LISTENING: Jack wants to be a PE Teacher	
READING: Robot Teacher	

Intermediate Self-Study Plans: Week 3- Work Life Balance

Monday	Wednesday	Friday
<p>LISTENING: Work-Life Balance</p> <p>Listen to a radio interview about how to maintain a good work-life balance. Do a multiple-choice comprehension quiz and a vocabulary task to check your understanding.</p> <p>How do you manage your work-life balance?</p> <p>https://learnenglish.britishcouncil.org/skills/listening/intermediate-b1/work-life-balance</p>	<p>LISTENING: Motivation</p> <p>Some interesting news about what really motivates people. Listen to this talk on motivation. Was there anything you found surprising?</p> <p>What motivates you in your job or studies?</p> <p>https://learnenglish.britishcouncil.org/skills/listening/upper-intermediate-b2/a-talk-about-motivation</p>	<p>READING: More on Work-Life balance</p> <p>Read what four people say about their working hours. The texts and the tasks are quite challenging, but give it a go and see how you get on.</p> <p>What are the advantages and disadvantages of your working situation? What would you change if you could?</p> <p>https://learnenglish.britishcouncil.org/skills/reading/upper-intermediate-b2/work-life-balance</p>

Task	Completed v / x
LISTENING: Work-Life Balance	
LISTENING: Motivation	
READING: More on Work-Life Balance	

Intermediate Self-Study Plans: Week 4- Speculating about food and life

Monday	Wednesday	Friday
<p>GRAMMAR and LISTENING: What's for dinner tonight? Sophie is in Bali this week and she discovers some unusual Indonesian food. Listen to her conversation with Daisy and Oliver as they guess what she is having for dinner.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/intermediate-grammar/modals-deduction</p> <p>*****</p> <p>OPTIONAL EXTRA: Modal matching game. Match the cards in this activity to make short exchanges using modal verbs like must, might, may, could and can't. Note them down and work with a partner to extend the conversations.</p> <p>https://wordwall.net/play/12452/032/936</p>	<p>LISTENING and VOCAB: Tastes</p> <p>Listen to these short conversations to learn more adjectives to describe different tastes, as well as language for eating out.</p> <p>Make a list in your notebook of all of the words used to describe food..</p> <p>https://www.cambridgeenglish.org/learning-english/activities-for-learners/b1i080-tastes</p>	<p>READING and GRAMMAR: Life on Mars Read this story about life on Mars. Pay attention to all the modals in it. Then you'll answer some questions to see how much you understand.</p> <p>https://www.bbc.co.uk/learningenglish/english/course/intermediate/unit-6/session-2/activity-3</p> <p>More Modals..... For more practice using modals for deduction try these tasks:</p> <p>https://learnenglish.britishcouncil.org/grammar/intermediate-to-upper-intermediate/modals-deductions-about-the-present</p>

Task	Completed √ / x
GRAMMAR and LISTENING: What's for dinner tonight?	
LISTENING and VOCAB: Tastes	
READING and GRAMMAR: Life on Mars	
OPTIONAL EXTRA: Modal matching	

Intermediate Self-Study Plans: Week 5- Celebrations

Monday	Wednesday	Friday
<p>LISTENING: (future forms – going to...) Celebrations</p> <p>Listen to five people talking about five different celebrations. Review some of the future forms you looked at in Week 1.</p> <p>Do you have any celebrations planned? What are you celebrating? What are you going to do?</p> <p>https://learnenglishteens.britishcouncil.org/skills/listening/intermediate-b1-listening/celebrations</p>	<p>LISTENING and GRAMMAR: Chinese New Year</p> <p>Sophie is Hong Kong for Chinese New Year, and Daisy and Oliver are planning a dinner at home.</p> <p>As you watch the video, look at the examples of <i>can</i>, <i>could</i> and <i>would</i> for offers, invitations, requests and permission. Then read the explanations and do the tasks to check your understanding</p> <p>https://learnenglishteens.britishcouncil.org/grammar/intermediate-grammar/can-could-would-invitations-offers-requests-permission</p>	<p>MORE GRAMMAR: Modals for permission and obligation</p> <p>Read the example sentences and the grammar explanation, then try grammar test s 1 and 2.</p> <p>https://learnenglish.britishcouncil.org/grammar/intermediate-to-upper-intermediate/modals-permission-and-obligation</p>

Task	Completed √ / x
LISTENING: Celebrations	
LISTENING and GRAMMAR: Chinese New Year	
MORE GRAMMAR: Modals for permission and obligation	

Intermediate Self-Study Plans: Week 6- Fake News

Monday	Wednesday	Friday
<p>LISTENING: 5 ways to spot fake news Can you spot fake news? Watch this video to learn how to check out news to see if it's true or not. It's not always easy to tell! Did you learn anything new from these tips?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/video-zone/five-ways-spot-fake-news</p> <p>*****</p> <p>OPTIONAL EXTRA: What does 'fake' really mean? Watch the 8-minute video and note down other words that mean 'fake' and do the quiz.</p> <p>https://www.bbc.co.uk/learningenglish/english/course/fakenews/unit-1/session-1</p>	<p>READING: How to spot fake news Have you ever read a fake news story online? Are you worried about this problem? Here are some more tips to avoid being fooled.</p> <p>Record your top 3 tips in your notebook.</p> <p>https://learnenglish.britishcouncil.org/skills/reading/intermediate-b1/how-to-spot-fake-news</p>	<p>READING: How to be a Safe searcher Can you always find what you want to find on the internet? These eight easy-to-remember tips will help you to become a safe and smart searcher!</p> <p>https://learnenglishteens.britishcouncil.org/skills/reading/intermediate-b1-reading/how-be-safe-smart-searcher</p>

Task	Completed v / x
LISTENING: 5 ways to Spot Fake News	
READING: How to Spot Fake News	
READING: How to be a Safe Searcher	
OPTIONAL EXTRA: What does 'fake' really mean?	

My Progress

Task	Completed √ / x
Week 1- Getting Started and the Way Forward	
SPEAKING: Meeting Someone for the First Time	
READING: Study Tips for Learning a Language	
LISTENING and GRAMMAR: The Bike Race	
Week 2- Teaching and Learning	
WRITING: Reflecting on a Learning Experience	
LISTENING: Jack wants to be a PE Teacher	
READING: Robot Teacher	
Week 3- Work-Life Balance	
LISTENING: Work-Life Balance	
LISTENING: Motivation	
READING: More on Work-Life Balance	
Week 4- Speculating about Food and Life on Mars	
GRAMMAR and LISTENING: What's for dinner tonight?	
LISTENING and VOCAB: Tastes	
READING and GRAMMAR: Life on Mars	
OPTIONAL EXTRA: Modal matching	
Week 5- Celebrations	
LISTENING: Celebrations	
LISTENING and GRAMMAR: Chinese New Year	
MORE GRAMMAR: Modals for permission and obligation	
Week 6- Fake News	
LISTENING: 5 ways to Spot Fake News	
READING: How to Spot Fake News	

READING: How to be a Safe Searcher	
OPTIONAL EXTRA: What does 'fake' really mean?	