

Elementary Self-Study Plans

Pack B: Weeks 7 – 12

Welcome to TREE's Elementary Self-Study Pack B

Introduction

This pack offers links to a range of content, organised according to level, theme, grammar, vocab and skills.

For each week we provide a link to at least three specially selected activities which you can work through in your own time. You can check answers at the end of each activity and re-do any activities which you found challenging.

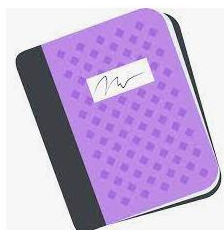
If you are not sure of your level, you can do this quick online test: <https://learnenglishteens.britishcouncil.org/content>

Organise your time



We suggest you set aside regular short periods of time during the week to work on your English. The schedule we provide allocates tasks for you to complete on Mondays, Wednesdays and Fridays, but please feel free to change the days and times to suit your schedule.

Keep a notebook



Remember to record new words and phrases in your notebook during each session. Try to include an example of the new word in a sentence, or maybe include a drawing, or translate the word into Myanmar. All of these things will help you to remember them.

Keep any written work in this notebook too, so you can refer to it and see how your English has improved over time.

Record your progress

At the end of each week's schedule, there is a chart like this one:

Task	Completed √ / x
LISTENING: Transport Announcements	
READING PRACTICE- Bangkok	
LISTENING: Panama Canal	



You can record your progress by ticking off the tasks as you complete them.

There is also a big chart on the last page which contains ALL of the tasks from weeks 7 – 12. If you complete all of the tasks in 6 weeks, **CONGRATULATIONS!** Give yourself a reward before you move on to the next level.

Additional Materials When you have finished **Pack B**, you can move onto **Pre-Intermediate Pack A** which contains another 6 weeks' worth of materials.



You can also supplement these activities with additional resources from our extensive reading and video packs. The **Video Packs** contain a series of short videos about real people dealing with different kinds of challenges in life and the **Extensive Reading Packs** contain links to English Readers with tasks for you to complete. Coming Soon!

In the meantime, you can also find additional free resources at <https://learnenglishteens.britishcouncil.org/> and <https://learnenglish.britishcouncil.org/>

If you are teacher, you can find resources and information about teaching English at <https://www.teachingenglish.org.uk/>

Contents

	Theme	Grammar / Vocab	Skills
Week 7	Let's go shopping!	Vocab: Shopping and Money Grammar: <i>this, that, these and those</i>	LISTENING and GRAMMAR: Shopping in India READING and SPEAKING: At the shops
Week 8	The World of Work	Vocab: Jobs Grammar: the verb 'to be'	LISTENING and GRAMMAR: Sophie is a travel blogger READING: Finding a job
Week 9	The Best Pizza	Comparatives and Superlatives	LISTENING and GRAMMAR: The Best Pizza READING: Extreme Earth Quiz
Week 10	Talking about your Friends and Family	Vocab: Adjectives to describe people	LISTENING: Describing people SPEAKING: Talking about your family
Week 11	Do's and Don'ts for a Better Life	Imperative: <i>Do / Don't</i> Vocab game: Word Shake	READING 1: How to stay safe online READING 2: Study tips LISTENING: A good night's sleep
Week 12	The Perfect Pet	Vocab: Animals Modals for obligation and suggestion: <i>have to, must, should</i>	LISTENING and GRAMMAR: The Pet Shop READING: Where's Roxy?

Elementary Self-Study Plan: Week 7 – Let's go shopping!

Monday	Wednesday	Friday
<p>VOCAB: Money and Shopping</p> <p>Here are some vocabulary exercises to help you learn some words to talk about money and shopping.</p> <p>What do you spend most of your money on?</p> <p>Remember to write down any new words in your notebook.</p> <p>https://learnenglishteens.britishcouncil.org/vocabulary/beginner-vocabulary/money</p> <p>https://learnenglishteens.britishcouncil.org/vocabulary/beginner-vocabulary/shopping</p>	<p>LISTENING and GRAMMAR: Shopping in India</p> <p>It's a few weeks before Christmas and Sophie is working in India. She's doing her Christmas shopping in a local market.</p> <p>As you watch the video, look at the examples of <i>this</i>, <i>that</i>, <i>these</i> and <i>those</i>. Then read the conversation below to learn more.</p> <p>Finally, do the grammar exercises to check you understand, and can use <i>this</i>, <i>that</i>, <i>these</i> and <i>those</i> correctly.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/these-those</p>	<p>READING and SPEAKING: At the shops</p> <p>Read this flyer and answer the questions. What bargains can you find?</p> <p>https://learnenglishteens.britishcouncil.org/skills/reading/beginner-a1-reading/shopping-electronics</p> <p>Now watch this short video of Gemma at the shops and do the tasks. What new shopping phrases have you learnt?</p> <p>https://learnenglishteens.britishcouncil.org/skills/speaking/beginner-a1-speaking/at-the-shop</p>

Task	Completed √ / x
VOCAB: Money and shopping	
LISTENING and GRAMMAR: Christmas shopping in India	
READING and SPEAKING: At the shops	

Elementary Self-Study Plan: Week 8 – The World of Work

Monday	Wednesday	Friday
<p>VOCAB: Jobs</p> <p>Here are some vocabulary exercises to help you learn some words to talk about different jobs.</p> <p>https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/jobs-1</p> <p>https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/jobs-2</p>	<p>LISTENING and GRAMMAR: Sophie is a travel blogger</p> <p>Daisy has a date with Jack, and Sophie is working in Brazil.</p> <p>Watch the animation and notice the examples of the verb ‘to be’. Then do the matching and gap-fill exercises to check.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/be-present-past</p>	<p>READING: Finding a job</p> <p>Look at these job advertisements for part-time jobs. Which one would you apply for?</p> <p>https://learnenglishteens.britishcouncil.org/skills/reading/elementary-a2-reading/finding-job</p> <p>*****</p> <p>OPTIONAL EXTRA: Some more job adverts- these ones are a bit more challenging!</p> <p>https://learnenglishteens.britishcouncil.org/skills/reading/intermediate-b1-reading/job-adverts</p>

Task	Completed v / x
VOCABULARY: Jobs	
LISTENING and GRAMMAR: Sophie is a travel blogger	
READING: Finding a job	
OPTIONAL EXTRA: Some more job adverts	

Elementary Self-Study Plan: Week 9 – The Best Pizza

Monday	Wednesday	Friday
<p>LISTENING and GRAMMAR: The Best Pizza</p> <p>Sophie is working in Rome this week. Oliver, Alfie and Daisy have decided to eat out tonight. Which restaurant has the best pizza?</p> <p>Watch the animation and notice the examples of comparative (bigger) and superlative (biggest) adjectives.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/comparative-superlative-adjectives</p>	<p>MORE GRAMMAR: Comparative and Superlative Adjectives</p> <p>Read the grammar explanation then do the tasks to check your understanding.</p> <p>https://learnenglish.britishcouncil.org/grammar/english-grammar-reference/comparative-and-superlative-adjectives</p>	<p>READING: Extreme Earth quiz</p> <p>Click on the link and do the quiz to test your knowledge of planet Earth.</p> <p>Record any new or interesting facts in your notebook.</p> <p>https://learnenglishteens.britishcouncil.org/skills/reading/elementary-a2-reading/about-earth</p>

Task	Completed √ / x
LISTENING and GRAMMAR: The Best Pizza	
MORE GRAMMAR: Comparative and Superlative Adjectives	
READING: Extreme Earth Quiz	

Elementary Self-Study Plan: Week 10 – Talking about your friends and family

Monday	Wednesday	Friday
<p>LISTENING: Describing people</p> <p>Listen to Hannah tell her friend about her family. Who are Jem and Alex?</p> <p>https://learnenglishteens.britishcouncil.org/skills/listening/beginner-a1-listening/describing-people</p>	<p>VOCAB: Adjectives to describe people</p> <p>Which three adjectives describe you?</p> <p>https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/appearance-1</p>	<p>SPEAKING: Talking about your family</p> <p>Listen to the conversation between Sam and Jack. What does Jack learn about Sam's family.</p> <p>Write down any new phrases you can use to talk about your family.</p> <p>https://learnenglishteens.britishcouncil.org/skills/speaking/elementary-a2-speaking/talking-about-your-family</p>

Task	Completed √ / x
LISTENING: Describing people	
VOCAB: Adjectives to describe people	
SPEAKING: Talking about your family	

Elementary Self-Study Plan: Week 11 – Some do’s and don’ts for a better life

Monday	Wednesday	Friday
<p>READING 1: How to stay safe online</p> <p>Read these tips for staying safe online. How safe are you?</p> <p>https://learnenglishteens.britishcouncil.org/skills/writing/beginner-a1-writing/school-poster-project</p>	<p>READING 2: Study tips</p> <p>Read this online chat between Joe and Sam. What advice does Sam give? Do you agree?</p> <p>https://learnenglishteens.britishcouncil.org/skills/reading/beginner-a1-reading/exam-help-messages</p> <p>*****</p> <p>OPTIONAL EXTRA: Wordshake</p> <p>Play Word-shake and see how many points you can get in three minutes. Longer words score more points! Can you you’re your previous score?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/games/wordshake</p>	<p>LISTENING: A good night’s sleep</p> <p>Listen to Dr Baker’s top 5 do’s and don’ts for a good night’s sleep.</p> <p>Do you sleep well? How many hours do you sleep a night?</p> <p>https://learnenglishteens.britishcouncil.org/skills/listening/beginner-a1-listening/good-nights-sleep</p>

Task	Completed v / x
READING 1: How to stay safe online	
READING 2: Study tips	
LISTENING: A good night’s sleep	
OPTIONAL EXTRA: Word shake	

Elementary Self-Study Plan: Week 12 – The Perfect Pet

Monday	Wednesday	Friday
<p>LISTENING and GRAMMAR: The pet store</p> <p>Oliver and Alfie visit the local pet store. What pet should they get?</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/have-must-should-obligation-advice</p> <p>*****</p> <p>OPTIONAL EXTRA: More grammar</p> <p>Here are some extra tasks to practise giving suggestions and expressing obligation. https://learnenglish.britishcouncil.org/grammar/english-grammar-reference/suggestions-and-obligations</p>	<p>VOCABULARY: Animals</p> <p>How many animals can you name? Which ones make good pets?</p> <p>https://learnenglishteens.britishcouncil.org/vocabulary/beginner-vocabulary/animals</p> <p>Photo caption</p> <p>A rhinoceros on top of a building? Write a caption for this crazy photo. https://learnenglishteens.britishcouncil.org/study-break/photo-captions/photo-caption-100</p>	<p>READING: Where's Roxy?</p> <p>Chloe has an unusual pet which isn't so popular with the other members of the family. Read the story to find out what kind of pet Chloe has. Do you think Roxy is a good pet?</p> <p>Have you got any pets?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/graded-reading/elementary-a2-graded-reading/wheres-roxy-a2</p>

Task	Completed √ / x
LISTENING and GRAMMAR: The Pet Store	
OPTIONAL EXTRA: More grammar for suggestions and obligations	
VOCABULARY: Animals and Photo Caption	
READING: Where's Roxy?	

My Progress

Task	Completed √ / x
Week 7 – Let's go shopping!	
VOCAB: Money and shopping	
LISTENING and GRAMMAR: Christmas shopping in India	
READING and SPEAKING: At the shops	
Week 8 – The World of Work	
VOCABULARY: Jobs	
LISTENING and GRAMMAR: Sophie is a travel blogger	
READING: Finding a job	
Week 9 – The Best Pizza	
LISTENING and GRAMMAR: The Best Pizza	
MORE GRAMMAR: Comparative and Superlative Adjectives	
READING: Extreme Earth Quiz	
Week 10 – Talking about your Friends and Family	
LISTENING: Describing people	
VOCAB: Adjectives to describe people	
SPEAKING: Talking about your family	
Week 11 – Some do's and don'ts for a Better Life	
READING 1: How to stay safe online	
READING 2: Study tips	
LISTENING: A good night's sleep	
OPTIONAL EXTRA: Word shake	
Week 12 – The Perfect Pet	
LISTENING and GRAMMAR: The Pet Store	
OPTIONAL EXTRA: More grammar for suggestions and obligations	
VOCABULARY: Animals and Photo Caption	

READING: Where's Roxy?	
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