

Pre-Intermediate Self-Study Plans

Pack A: Weeks 1 – 6

Welcome to TREE's Pre-Intermediate Self-Study Pack A

Introduction

This pack offers links to a range of content, organised according to level and theme.

For each week we provide a link to at least three specially selected activities which you can work through in your own time. You can check answers at the end of each activity and re-do any activities which you found challenging.

If you are not sure of your level, you can do this quick online test: <https://learnenglishteens.britishcouncil.org/content>

Organise your time



We suggest you set aside regular short periods of time during the week to work on your English. The schedule we provide allocates tasks for you to complete on Mondays, Wednesdays and Fridays, but please feel free to change the days and times to suit your schedule.

Keep a notebook



Remember to record new words and phrases in your notebook during each session. Try to include an example of the new word in a sentence, or maybe include a drawing, or translate the word into Myanmar. All of these things will help you to remember them.

Keep any written work in this notebook too, so you can refer to it and see how your English has improved over time.

Record your progress



At the end of each week's schedule, there is a chart like this one:

Task	Completed √ / x
LISTENING: Transport Announcements	
READING PRACTICE- Bangkok	
LISTENING: Panama Canal	

You can record your progress by ticking off the tasks as you complete them.

There is also a big chart on the last page which contains ALL of the tasks from weeks 1 – 6. If you complete all of the tasks in 6 weeks, **CONGRATULATIONS!** Give yourself a reward before you move on to the next level.

Additional Materials When you have finished **Pack A**, you can move onto **Pre-Intermediate Pack B** which contains another 6 weeks' worth of materials.



You can also supplement these activities with additional resources from our extensive reading and video packs. The **Video Packs** contain a series of short videos about real people dealing with different kinds of challenges in life and the **Extensive Reading Packs** contain links to English Readers with tasks for you to complete. Coming Soon!

In the meantime, you can also find additional free resources at <https://learnenglishteens.britishcouncil.org/> and <https://learnenglish.britishcouncil.org/>

If you are teacher, you can find resources and information about teaching English at <https://www.teachingenglish.org.uk/>

Contents

	Theme	Grammar / Vocab	Skills
Week 1	Transport	Adjectives to describe transport	LISTENING 1: Transport Announcements READING: Bangkok Travel Guide LISTENING 2: Panama Canal
Week 2	Talking about the Past	Past simple	LISTENING and GRAMMAR: Sophie's terrible journey READING and WRITING: My Last Holiday
Week 3	My Favourite Things	Quantifiers: some / any / every / no Vocab: Everyday objects Spelling: Sushi Spell	LISTENING and GRAMMAR: Carrot cake LISTENING: My favourite things
Week 4	Making Plans	Future forms for making arrangements	READING and WRITING: Cancelling plans LISTENING: Changing plans LISTENING and GRAMMAR: Oliver and Alfie plan to enter a bike race
Week 5	Instructions and Phone Messages	Imperatives	LISTENING 1: Phone messages READING and WRITING: Instructions for a colleague LISTENING 2: Instructions for an assignment
Week 6	Festivals	There is / There are / It Vocab: Festivals and celebrations	LISTENING and GRAMMAR: Fiesta Time READING and VOCAB: Edinburgh Summer Festivals OPTIONAL EXTRA / LISTENING and GRAMMAR: Music Festival PODCAST LISTENING: Our Man in Hong Kong

Pre- Intermediate Self-Study Plan: Week 1- Transport

Monday	Wednesday	Friday
<p>LISTENING 1: Transport Announcements Announcements in a bus or train station, or airport, can be hard to hear and understand.</p> <p>There are some useful words and phrases to get you started, followed by some transport announcements. Listen to the announcements and complete the tasks.</p> <p>Afterwards, you can read comments from other people and upload your own comment.</p> <p>https://learnenglish.britishcouncil.org/skills/listening/pre-intermediate-a2/transport-announcements</p>	<p>READING PRACTICE: A Travel Guide for Bangkok Do you know anyone who has been to Bangkok? Read this extract from a travel guide to find out where to stay, what to eat and what to do.</p> <p>The text is interesting but quite challenging so you may need to use Try using an on-line dictionary to help you with some of vocab.</p> <p>https://learnenglish.britishcouncil.org/skills/reading/intermediate-b1/a-travel-guide</p>	<p>LISTENING 2: The Panama Canal – facts and figures Ever wondered why this tiny stretch of water is so important to the rest of the world.</p> <p>Listen to these fascinating facts about the Panama Canal and complete the listening tasks.</p> <p>https://learnenglish.britishcouncil.org/skills/listening/pre-intermediate-a2/facts-and-figures</p> <p>*****</p> <p>OPTIONAL EXTRA: QUIZ Here are some adjectives to describe different types of transport. Can you remember them?</p> <p>Take the quiz to find out: https://wordwall.net/play/11129/977/671</p>

Task	Completed v / x
LISTENING 1: Transport Announcements	
READING: Bangkok Travel Guide	
LISTENING 2: The Panama Canal	
OPTIONAL EXTRA: Vocab quiz	

Pre- Intermediate Self-Study Plan: Week 2 - Talking about the Past

Monday	Wednesday	Friday
<p>GRAMMAR PRACTICE: Past simple Read the grammar review on past simple questions and negatives and then do the quizzes to check your understanding.</p> <p>https://learnenglish.britishcouncil.org/grammar/english-grammar-reference/past-simple</p>	<p>LISTENING and GRAMMAR: Sophie's terrible journey Listen to Sophie tell her children about her terrible journey then answer the questions to see how much you can remember.</p> <p>Remember to listen for examples of the past simple!</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/past-simple-irregular-verbs</p>	<p>READING and WRITING: My Last Holiday Learn how to write about your last holiday then write and post a short text about a holiday or outing.</p> <p>Write your text in your notebook too so you have a record of your work.</p> <p>https://learnenglish.britishcouncil.org/skills/writing/pre-intermediate-a2/my-last-holiday</p>

Task	Completed √ / x
GRAMMAR: Past simple	
LISTENING and GRAMMAR: Sophie's terrible journey	
READING and WRITING: My Last Holiday	

Pre- Intermediate Self-Study Plan: Week 3 – My Favourite Things

Monday	Wednesday	Friday
<p>VOCABULARY: Everyday Objects Do you know the English words for these everyday objects? Check your knowledge, then do the tasks to help you remember.</p> <p>Write any new words in your notebook. https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/everyday-objects</p> <p>*****</p> <p>GAME: SPELLING Take the sushi from the moving belt to spell as many words as you can. How many words can you <i>Sushi Spell</i> in two minutes?</p> <p>Remember to record your score in your notebook! https://learnenglishteens.britishcouncil.org/vocabulary/vocabulary-games/sushi-spell</p>	<p>LISTENING and GRAMMAR: Carrot Cake Watch this short animation about Daisy’s trip to the shopping centre with her new friend.</p> <p>Listen for examples of <i>some, any, every</i> and <i>no</i>, then do the tasks to check your understanding.</p> <p>Don’t forget to answer the question in the discussion thread about your favourite snacks.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/some-any-every-no</p>	<p>LISTENING: My favourite things Listen to the speakers describing their favourite things then do the exercises to practise and improve your listening skills.</p> <p>What's your favourite thing? Why is it important to you? Write your answer in your notebook. https://learnenglishteens.britishcouncil.org/skills/listening/intermediate-b1-listening/favourite-things</p> <p>*****</p> <p>OPTIONAL EXTRA: PUZZLE Look carefully. Can you guess what this everyday objects is? Write your answer in the comments section before you check the answer. https://learnenglishteens.britishcouncil.org/study-break/what-it/what-it-073</p>

Task	Completed √ / x
VOCAB and SPELLING: everyday objects + Sushi Spell	
LISTENING and GRAMMAR: Carrot cake / <i>some, any, every, no</i>	
LISTENING: My favourite things	
OPTIONAL EXTRA: Puzzle	

Pre- Intermediate Self-Study Plan: Week 4 – Making Plans

Monday	Wednesday	Friday
<p>WRITING and GRAMMAR: Future Forms for making arrangements Need to organise something? Learn how to use these common phrases to make plans by email.</p> <p>Remember to record any new phrases in your notebook.</p> <p>https://learnenglish.britishcouncil.org/business-english/english-for-emails/unit-5-making-arrangements</p>	<p>READING and WRITING: Cancelling plans Need to send a text message to cancel a plan? Here are some tasks to help you when you need to message your friends to change plans.</p> <p>When was the last time you cancelled a plan? Why did you cancel?</p> <p>Share your experiences in the discussion forum or write your response in your notebook.</p> <p>https://learnenglish.britishcouncil.org/skills/writing/pre-intermediate-a2/messaging-to-cancel-a-plan</p>	<p>LISTENING: Changing plans Sometimes we need to change our plans. Listen to this conversation between Francesco and Sachi. What happened? Why does Francesco ask Sachi to change their plans?</p> <p>https://learnenglish.britishcouncil.org/skills/listening/pre-intermediate-a2/changing-plans</p> <p>*****</p> <p>LISTENING and GRAMMAR: Oliver and Alfie plan to enter a bike race If you're interesting in learning more future forms, watch this animation about Oliver, Daisy and Alfie's plans for this evening, as well as their plans to enter a bike race.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/intermediate-grammar/future-forms</p>

Task	Completed v / x
WRITING and GRAMMAR: Future forms for making arrangements	
READING and WRITING: Cancelling plans	
LISTENING: Changing plans	
LISTENING and GRAMMAR: Oliver and Alfie plan to enter a bike race	

Pre- Intermediate Self-Study Plan: Week 5 – Instructions and Phone Messages

Monday	Wednesday	Friday
<p>LISTENING 1: Phone messages It can be stressful making a phone call in English, especially if the person you want to speak to isn't there. Listen to Peter leave a phone message for his colleague, Maria. What does he say? https://learnenglish.britishcouncil.org/skills/listening/pre-intermediate-a2/leaving-a-message</p>	<p>READING and WRITING: Instructions for a colleague Read these simple instructions for opening a shop, then look at some other work-related examples. Check your understanding by putting the instructions in order. https://learnenglish.britishcouncil.org/skills/writing/pre-intermediate-a2/instructions-for-a-colleague</p>	<p>LISTENING 2: Instructions for an assignment Listen to a very strict university lecturer give instructions to his students. What do the students need to remember to do? https://learnenglish.britishcouncil.org/skills/listening/pre-intermediate-a2/instructions-for-an-assignment</p>

Task	Completed v / x
LISTENING 1: Phone messages	
READING and WRITING: Instructions for a colleague	
LISTENING 2: Instructions for an assignment	

Pre-Intermediate Self-Study Plan: Week 6- Festivals

Monday	Wednesday	Friday
<p>LISTENING and GRAMMAR: Fiesta Time Sophie is working in Spain this week to write about the local fiestas. She phones Oliver to tell him all about it.</p> <p>Are there any unusual local celebrations where you live? Tell us about them in the comments section or write about them in your notebook.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/there-there-are-it</p>	<p>READING and VOCABULARY: Edinburgh Summer Festivals This is a short article about Edinburgh’s famous summer festivals. It’s elementary level, so you’ll probably find it quite easy 😊.</p> <p>https://learnenglishteens.britishcouncil.org/uk-now/read-uk/edinburgh-summer-festivals</p> <p>*****</p> <p>OPTIONAL EXTRA: LISTENING and GRAMMAR Music Festival Daisy, Amy, Oliver and Alfie are planning a weekend at a music festival. Do you think you would enjoy camping at a music festival? Why? Why not? Tell us what you think!</p> <p>https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/conjunctions-or-so-because-although</p>	<p>PODCAST LISTENING: Our Man in Hong Kong This is a 25-minute podcast, with a transcript. Download the support pack and transcript to help you. You only need to listen to Section 4, which describes a festival on a Hong Kong Island. But you CAN try all of it, with the transcript! If you enjoy it, there are more episodes for you to listen to.</p> <p>https://learnenglish.britishcouncil.org/general-english/podcasts/series-1/episode-04</p>

Task	Completed √ / x
LISTENING and GRAMMAR: Fiesta Time	
READING and VOCAB: Edinburgh Summer Festivals	
OPTIONAL EXTRA / LISTENING and GRAMMAR: Music Festival	
PODCAST LISTENING: Our Man in Hong Kong	

My Progress

Task	Completed √ / x
Week 1 - Transport	
LISTENING 1: Transport Announcements	
READING: Bangkok Travel Guide	
LISTENING 2: The Panama Canal	
OPTIONAL EXTRA: Vocab quiz	
Week 2 – Talking about the Past	
GRAMMAR: past simple	
LISTENING / GRAMMAR: Sophie’s terrible journey	
READING / WRITING: My Last Holiday	
Week 3 - My Favourite Things	
VOCAB and SPELLING: everyday objects + Sushi Spell	
LISTENING and GRAMMAR: Carrot cake / <i>some, any, every, no</i>	
LISTENING: My favourite things	
OPTIONAL EXTRA: Puzzle	
Week 4 – Making Plans	
WRITING and GRAMMAR: Future forms for making arrangements	
READING and WRITING: Cancelling plans	
LISTENING: Changing plans	
LISTENING and GRAMMAR: Oliver and Alfie plan to enter a bike race	
Week 5 – Instructions and Phone Messages	
LISTENING 1: Phone messages	
READING and WRITING: Instructions for a colleague	
LISTENING 2: Instructions for an assignment	
Week 6 - Festivals	

LISTENING and GRAMMAR: Fiesta Time	
READING and VOCAB: Edinburgh Summer Festivals	
OPTIONAL EXTRA / LISTENING and GRAMMAR: Music Festival	
PODCAST LISTENING: Our Man in Hong Kong	