

Intermediate Self Study Plans

Pack B: Weeks 7 – 12

Welcome to TREE's Intermediate Self-Study Pack B

Introduction

This pack offers links to a range of content, organised according to level and theme.

For each week we provide a link to at least three specially selected activities which you can work through in your own time. You can check answers at the end of each activity and re-do any activities which you found challenging.

If you are not sure of your level, you can do this quick online test: <https://learnenglishteens.britishcouncil.org/content>

Organise your time



We suggest you set aside regular short periods of time during the week to work on your English. The schedule we provide allocates tasks for you to complete on Mondays, Wednesdays and Fridays, but please feel free to change the days and times to suit your schedule.

Keep a notebook



Remember to record new words and phrases in your notebook during each session. Try to include an example of the new word in a sentence, or maybe include a drawing, or translate the word into Myanmar. All of these things will help you to remember them.

Keep any written work in this notebook too, so you can refer to it and see how your English has improved over time.

Record your progress



At the end of each week's schedule, there is a chart like this one:

Task	Completed √ / x
LISTENING: Transport Announcements	
READING PRACTICE- Bangkok	
LISTENING: Panama Canal	

You can record your progress by ticking off the tasks as you complete them.

There is also a big chart on the last page which contains ALL of the tasks from weeks 7 – 12. If you complete all of the tasks in six weeks, **CONGRATULATIONS!**

Additional Materials



You can also supplement these activities with additional resources from our extensive reading and video packs. The **Video Packs** contain a series of short videos about real people dealing with different kinds of challenges in life and the **Extensive Reading Packs** contain links to English Readers with tasks for you to complete. Coming Soon!

In the meantime, you can also find additional free resources at <https://learnenglishteens.britishcouncil.org/> and <https://learnenglish.britishcouncil.org/>

If you are teacher, you can find resources and information about teaching English at <https://www.teachingenglish.org.uk/>

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	Theme	Grammar / Vocab	Skills
Week 7	Digital Habits across Generations	Prepositions Vocab: Social Media	READING: Mobile Phones READING: Digital Habits Across Generations LISTENING: Is Social Media Good or Bad? OPTIONAL EXTRA: Social Media Influencers
Week 8	Travel and Adventure	Present Perfect Simple and Continuous Vocab: travel	WRITING: Staying in Touch LISTENING and GRAMMAR: Sophie's Life as a Travel Writer READING: Amazing Adventures
Week 9	International Women	Vocab: jobs / adjectives to describe people	LISTENING: International Women's Day LISTENING: Women in Politics WRITING: Someone I Admire OPTIONAL EXTRA: Good Night Stories for Rebel Girls
Week 10	Climate Change	Will for predictions Vocab: weather, nature, climate	LISTENING: Why does 1.5 degrees matter? READING: COP 26
Week 11	The Environment	Present Simple Vocab: recycling / the environment	LISTENING : Upcycling – Turning Plastic into READING: Animals in the City LISTENING: The Eden Project
Week 12	It's a Wrap	Vocab and Spelling: Wordshake	READING: Short stories PODCAST LISTENING: Big City Small World

Intermediate Self-Study Plans: Week 7- Digital Habits across Generations

Monday	Wednesday	Friday
<p>READING 1: Mobile phones</p> <p>How much do you love <i>your</i> mobile phone? Could you live without it? Find out what British teenagers, parents and teachers say about the subject!</p> <p>https://learnenglishteens.britishcouncil.org/uk-now/read-uk/mobile-phones</p>	<p>READING 2: Digital Habits across Generations</p> <p>Read an article about how people at different ages use computers and smartphones. You might be surprised. Who uses their phone the most among your family and friends?</p> <p>https://learnenglish.britishcouncil.org/skills/reading/intermediate-b1/digital-habits-across-generations</p>	<p>LISTENING: Is Social Media Good or Bad?</p> <p>We often hear about the negative side of social media. But what are the benefits? Watch this video to find out, then do the tasks to check your understanding.</p> <p>https://learnenglishteens.britishcouncil.org/study-break/video-zone/is-social-media-good-for-you</p> <p>*****</p> <p>OPTIONAL EXTRA: Social Media Influencers</p> <p>Read a blogpost about the impact of social media influencers in the business world.</p> <p>If you became a social media influencer, what medium would you use and what would you post about?</p> <p>https://learnenglish.britishcouncil.org/skills/reading/intermediate-b1/social-media-influencers</p>

Task	Completed √ / x
READING 1: Mobile Phones	
READING 2: Digital Habits across Generations	
LISTENING: Is Social Media Good or Bad?	
OPTIONAL EXTRA: Social Media Influencers	

Intermediate Self-Study Plans: Week 8 - Travel and Adventure

Monday	Wednesday	Friday
<p>WRITING: Staying in Touch</p> <p>What's the best way to stay in touch with people you don't see often? Last week we looked at social media as a way to stay in touch. This week we are going to learn how to write an informal email to a friend.</p> <p>https://learnenglish.britishcouncil.org/skills/writing/upper-intermediate-b2/an-informal-email-to-a-friend</p>	<p>GRAMMAR and LISTENING: Sophie's life as a travel writer</p> <p>Amy is interested in Sophie's achievements as a travel blogger.</p> <p>As you watch the video, look at the examples of present perfect simple and continuous then do the tasks to check your understanding.</p> <p>https://learnenglishteens.britishcouncil.org/grammar/intermediate-grammar/present-perfect-simple-continuous</p>	<p>READING: Amazing Adventures</p> <p>From walking along the entire Amazon River to skiing to the South Pole, take a look at some of the 21st century's most amazing adventurers!</p> <p>Which of these adventures would you most like to go on?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/graded-reading/amazing-adventurers-level-2</p>

Task	Completed v / x
WRITING: Staying in Touch	
GRAMMAR and LISTENING: Sophie's Life as a Travel Writer	
READING: Amazing Adventures	

Intermediate Self-Study Plans: Week 9- International Women

Monday	Wednesday	Friday
<p>LISTENING: International Women’s Day</p> <p>International Women's Day, 8 March, is a day to celebrate women and their achievements. Watch this short video and do the tasks.</p> <p>In your notebook, make a list of the jobs these women do, and the adjectives to describe them.</p> <p>Which women are important in your life? How would you describe them?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/video-zone/international-womens-day-we-are-women</p>	<p>LISTENING: Women in Politics</p> <p>Are you interested in politics? Watch the video to find out how some countries have tried to get more women involved.</p> <p>Which important women are there in politics in your country?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/video-zone/how-can-more-women-get-into-politics</p>	<p>WRITING: Someone I Admire</p> <p>Read this description of someone the writer admires. Do the tasks to help you plan your writing and then tell us about a woman you admire.</p> <p>https://learnenglishteens.britishcouncil.org/skills/writing/intermediate-b1-writing/someone-i-admire</p> <p>*****</p> <p>OPTIONAL EXTRA: Good night stories for Rebel Girls</p> <p>Read this book review. Here you’ll find the amazing stories of one hundred inspiring women from the past and present.</p> <p>https://learnenglishteens.britishcouncil.org/study-break/graded-reading/intermediate-b1-graded-reading/good-night-stories-rebel-girls-book-review</p>

Task	Completed √ / x
LISTENING: International Women’s Day	
LISTENING: Women in Politics	
WRITING: Someone I Admire	
OPTIONAL EXTRA: Good Night Stories for Rebel Girls	

Intermediate Self-Study Plans: Week 10- Climate Change

Monday	Wednesday	Friday
<p>VOCAB: Weather / Nature</p> <p>When we talk about Climate Change we often refer to the impact changes in the weather has on nature. Here is a quite review of vocabulary related to weather and nature:</p> <p>Weather https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/weather</p> <p>Nature https://learnenglishteens.britishcouncil.org/vocabulary/beginner-vocabulary/nature</p>	<p>LISTENING: Why does 1.5 degrees matter?</p> <p>Why is it so important that we limit the rise in temperature to 1.5°C? Watch this video to find out.</p> <p>What do you think we should do to help limit climate change?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/video-zone/climate-change-why-does-15degc-matter</p>	<p>READING: COP 26</p> <p>COP26 took place in November 2021 in Glasgow, Scotland. Find out what it's for, what will happen and how young people are getting involved.</p> <p>What do you think is the most important action that needs to be taken to confront the climate emergency?</p> <p>https://learnenglishteens.britishcouncil.org/uk-now/read-uk/cop26-un-climate-change-conference</p>

Task	Completed v / x
VOCABULARY: Weather / Nature	
LISTENING: Why does 1.5 degrees matter?	
READING: COP 26	

Intermediate Self-Study Plans: Week 11 – The Environment

Monday	Wednesday	Friday
<p>LISTENING: Upcycling - Turning Plastic Waste into Art</p> <p>These young people in Nigeria collect plastic waste and make it into art! Watch and see how they do it.</p> <p>What would you make from things people throw away?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/video-zone/turning-plastic-waste-art</p>	<p>READING: Animals in the City</p> <p>Wild animals in cities can cause lots of problems. From baboons to squirrels, you'll learn a lot more about the problems some cities face in this article.</p> <p>Does your town or city have any problems with wild animals?</p> <p>https://learnenglishteens.britishcouncil.org/study-break/graded-reading/intermediate-b1-graded-reading/animals-city-b1</p>	<p>LISTENING: Green is Great: The Eden Project</p> <p>Britain has the largest indoor rainforest in the world, which is used for environmental research. Watch the video to learn more.</p> <p>How can we protect endangered species in Myanmar?</p> <p>https://learnenglish.britishcouncil.org/general-english/video-series/britain-is-great/green-is-great-part-1</p>

Task	Completed √ / x
LISTENING: Upcycling – Turning Plastic Waste into Art	
READING: Animals in the City	
LISTENING: The Eden Project	

Intermediate Self-Study Plan: Week 12- Wrap up

Monday	Wednesday	Friday
<p>READING Short Stories Click on the link, look at the pictures and the titles and choose a story you think might interest you.</p> <p>You can always come back to this link and choose a different story to read next week. https://learnenglishteens.britishcouncil.org/study-break/graded-reading/intermediate-b1-graded-reading</p>	<p>VOCABULARY and SPELLING: Wordshake</p> <p>Play Wordshake and see how many points can you get in three minutes. Longer words score more points!</p> <p>https://learnenglishteens.britishcouncil.org/vocabulary/vocabulary-games/wordshake</p>	<p>PODCAST LISTENING: Big City Small World</p> <p>Do you enjoy listening to audio fiction?</p> <p>In this section, listen to our audio fiction series for Intermediate learners about a group of people from around the world who are living in London.</p> <p>You will improve your listening comprehension and develop your vocabulary. Each recording has a transcript and interactive exercises to help you understand and use the language.</p> <p>https://learnenglish.britishcouncil.org/general-english/audio-series/big-city-small-world</p>

Task	Completed v / x
READING: Short Stories	
VOCABULARY and SPELLING: Wordshake	
PODCAST LISTENING: Big City Small World	

My Progress

Task	Completed v / x
Week 7- Digital Habits Across Generations	
READING 1: Mobile Phones	
READING 2: Digital Habits across Generations	
LISTENING: Is Social Media Good or Bad?	
OPTIONAL EXTRA: Social Media Influencers	
Week 8- Travel and Adventure	
WRITING: Staying in Touch	
GRAMMAR and LISTENING: Sophie's Life as a Travel Writer	
READING: Amazing Adventures	
Week 9- International Women	
LISTENING: International Women's Day	
LISTENING: Women in Politics	
WRITING: Someone I Admire	
OPTIONAL EXTRA: Good night stories for Rebel Girls	
Week 10- Climate Change	
VOCABULARY: Weather / Nature	
LISTENING: Why does 1.5 degrees matter?	
READING: COP 26	
Week 11- The Environment	
LISTENING: Upcycling – Turning Plastic Waste into Art	
READING: Animals in the City	
LISTENING: The Eden Project	
Week 12- It's a Wrap	
READING: Short Stories	

VOCABULARY and SPELLING: Wordshake	
PODCAST LISTENING: Big City Small World	