**Activity 5.1 Using the computer to explore ideas**

*We suggest spending around 30 minutes on this activity.*

* Choose at least one of the careers or subject areas listed in Table 5.1 that you are interested in, or are unfamiliar with. The career areas given in Table 5.1 will link you to job profile information in these areas. Click through from the reflection course or go to the [National Careers Service job profiles](https://nationalcareersservice.direct.gov.uk/advice/planning/jobfamily/pages/default.aspx), which has the same list.
* Explore the information given for two job profiles, so that you are able to respond to the following questions:
1. What are the entry requirements for your chosen job profile?
2. Name two skills that are required for your chosen job profile.

Make a note of any point that particularly interests or surprises you.

You can complete this activity on your own or in pairs if you are in a group. Remember to save your answers because you will return to these in future activities.

How did you get on? Were you able to answer the questions? Did any of the information surprise you?

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| --- |
| **What are the entry requirements for your chosen job profile(s)?** |
| Write your comments here. |
| **Name two skills that are required for your chosen job profile(s)** |
| Write your comments here. |
| **Make a note of any point that particularly interests or surprises you** |
| Write your comments here. |

The notes you have made here will be useful in the next activity.

#### Now choose two or three skills you have ticked and write a few sentences about them, giving examples of how you have used them. Use the space below for your notes.

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| **My notes** |
| Write your comments here. |