

Happy Body, Happy Mind!

Ask seven friends what their favourite way to get active is:

Name:

Activity:

Name:

Activity:

Name:

Activity:

Name:

Activity:

Name:

Activity:

Name:

Activity:

Name:

Activity:

Which activity is the most popular?:

What's Zin Zin's favourite activity?



Draw!
Draw one of your friends or family doing their favourite activity.

