

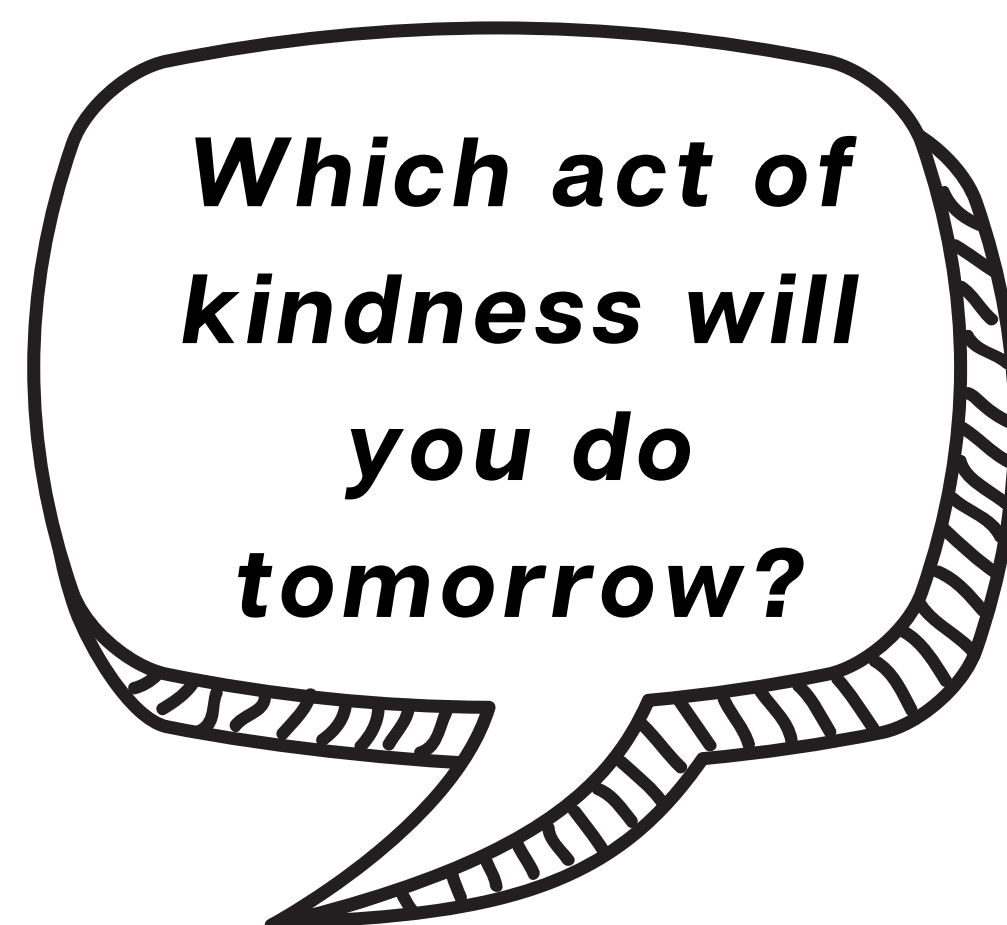
This video series from TREE focuses on well-being for children. We try to raise children's awareness of their own physical and mental well-being and empower them to do things which positively influence their well-being.

MAIN IDEAS

1 Being kind is good for you.

2 You can do something kind every day.

3 Go ahead and try being kind.



ACTIVITIES

Identifying

Learners decode the symbols on Zin Zin's kindness plan.

Complete

Learners generate more ideas to complete the kindness plan.

Drawing

Learners draw Zin Zin doing something kind they have thought of.

ACTIVITY AIM:

- To introduce the learners to the format of the kindness plan.

ACTIVITY AIM:

- Learners think of more kind things they could do.

ACTIVITY AIM:

- Learners get a chance to be creative and recycle their kindness ideas.