Forms of harm in the international aid sector

| Type of harm to children and vulnerable adults | Examples | | Indicators (signs and symptoms) on a child and/or adult |
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| Physical abuse | SmackingCaningCorporal punishmentHittingShakingPoisoning | BurningDrowningSuffocatingDeliberately making someone ill | |
| Emotional abuse | Restriction of movementBelittling, denigratingThreatening, scaring | DiscriminatingRidiculingOther non-physical forms of hostile or rejecting treatment | |
| Sexual abuse | Being touched in a way that is inappropriate Being forced to look at sexual pictures or videos Being forced to watch someone do something sexual | Being forced to make sexually explicit pictures or videos Sharing sexually explicit picture or videos of children or vulnerable adults Made to do something sexual to someone that may make them feel uncomfortable or wrong | |
| Sexual exploitation | Gaining the trust of a child in order to sexually abuse, exploit or traffic them committed online or in person for this purpose is considered to be sexual grooming | Using or paying a sex workerTraffickingPornography | |
| Commercial exploitation | Child labourExploitation of workers | Forced recruitment into armed groups | |
| Neglect or negligent treatment | Deliberately not providing care of attention | Failing to provide support and supervision | |
| Traditional harmful practices | Early marriageForced marriage | Female genital mutilation or cutting Scarring of the face or arms | |
| Harassment | Unwanted physical, verbal or non-verbal conduct that has the purpose or effect of violating a person's dignity | Creating an intimidating, hostile, degrading, humiliating or offensive environment for them A single incident can amount to harassment | |
| Sexual harassment | Unwelcome physical conduct Verbal and written harassment through jokes, offensive language, gossip and slander Visual display of posters, graffiti, obscene gestures, flags and emblems Isolation or non-cooperation at work, exclusion from social activities | Coercion for sexual favours Intrusive behaviour such as pestering, spying, stalking Treating someone less favourably because they have submitted or refused to submit to sexual behaviour in the past | |
| Bullying | Can take the form of physical, verbal and non-verbal conduct Physical or psychological threats Overbearing and intimidating levels of supervision | Inappropriate derogatory remarks about someone's performance Legitimate, reasonable and constructive feedback of a worker's performance or behaviour, or reasonable instructions given to workers in the course of their employment, will not amount to bullying on their own | |