* All attendees have had discussion with Open Learning Champion about learning goals
* Key objectives
  + Building rapport and trust in group
  + Deciding a plan for sessions
  + Establishing how we will work together
  + Some practice on OpenLearn
  + Peer: Peer discussion and learning.

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| **Timing** | **Topic** | **Resources** | **Who** | **Notes** |
| 14.00 – 14.10 | Icebreaker | Cards | Facilitator and Attendees | * In small groups only * Ask everyone to pick a picture that appeals to them * Once picked ask everyone to introduce themselves, and explain what they have chosen and why |
| 14.10 – 14.30 | Group Objectives | Flip Chart | Facilitator and Attendees | Discuss aims of this session and next 2 session  -How we will work  -Resources available  -Respectful communication  -No such thing as a daft question !! |
| 14.30 – 15.00 | OL Activity 1 | Wellbeing MOT interactive on shared centre PC’s | Attendees with help if needed | * 20 mins to work through interactive together in pairs, discuss as they go * 10 mins Plenary – thoughts, feedback and what was learners (capture to feedback at the end) |
| 15.00 – 15.15 | Break | | | |
| 15:15 – 15:45 | Learning Goals Activity | Flip Chart & pens | Facilitators and attendees | * Groups of 3 * Each person shares a barrier to them reaching their learning goals (on Flip Chart) * For each, the group work together to consider   + What support would be needed to remove this barrier   + What can they control   + Who can help   + What is the first step   -20 minutes In Groups  -10 Mins Plenary |
| 15:45 – 16:00 | Wrap up and summary | Refer to feedback from learning activities | Facilitator and all | 10 mins summarising, 5 mins confirming next session time, any actions agreed throughout the afternoon and I will follow up by email |
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