

Activity 5.1: Extra barriers faced by some trans people – PDF format

Task:

For this activity, you are asked to respond to five ‘facts’ about a client. There are no right or wrong answers, but you should return to the activity on the course website to reveal the discussion.

A client comes into your therapy room. Over the course of the next hour, you discover five facts about him. For each fact, decide which statements you believe apply.

Fact 1

He has had relationships with both men and women:

- a) This could be a symptom of something else
- b) This could have been caused by something on this list
- c) This is just part of human difference and diversity
- d) It is not important to think about what caused this
- e) This is a sign of something having gone wrong developmentally

Fact 2

He is left-handed:

- a) This could be a symptom of something else
- b) This could have been caused by something on this list
- c) This is just part of human difference and diversity
- d) It is not important to think about what caused this
- e) This is a sign of something having gone wrong developmentally

Fact 3

He is a gifted and brilliant scientist:

- a) This could be a symptom of something else
- b) This could have been caused by something on this list
- c) This is just part of human difference and diversity
- d) It is not important to think about what caused this
- e) This is a sign of something having gone wrong developmentally

Fact 4

He demonstrates very clear autistic traits:

- a) This could be a symptom of something else
- b) This could have been caused by something on this list
- c) This is just part of human difference and diversity
- d) It is not important to think about what caused this
- e) This is a sign of something having gone wrong developmentally

Fact 5

His parents were away considerably during his childhood:

- a) This could be a symptom of something else
- b) This could have been caused by something on this list
- c) This is just part of human difference and diversity
- d) It is not important to think about what caused this
- e) This is a sign of something having gone wrong developmentally

Now return to Activity 5.2 on the course website to reveal the discussion.