

Week 1

The multidisciplinary approach and the NICE Guideline on MND (NG42)

Work through the learning material for this week to explore the principles of multidisciplinary working in MND care, examine NICE guideline NG42, and reflect on the benefits and challenges of coordinated team working.

In this first week, you will explore the principles of multidisciplinary working and consider both the benefits and challenges of this approach in MND care. You will also begin to critically explore NICE guideline NG42 and the accompanying quality standards relating to the organisation of care.

Start by watching this short video introduction from Sally Mercer, which outlines the focus of this week's learning.

Video: <https://www.youtube.com/watch?v=4o19yaViemo>

Focus questions

- What is meant by a multidisciplinary approach?
- Why is a multidisciplinary approach important, particularly for people living with MND?
- Which aspects of MND care require input from a multidisciplinary team?
- What are your experiences of multidisciplinary working?

Recommended reading

A multidisciplinary approach to care has been promoted through a range of initiatives and publications over many years.

Published in 2016, the NICE guideline Motor neurone disease: assessment and management (NG42) highlights the importance of multidisciplinary care for people living with MND. Section 9, Organisation of care, outlines recommendations 1.5.1 to 1.5.12 relating to the structure and delivery of coordinated care.

NICE recommendation 1.5.1 states:

“Provide coordinated care for people with MND, using a clinic based specialist MND multidisciplinary approach. The clinic may be community or hospital based.”

Essential reading

[Motor neurone disease: assessment and management. NICE guideline \[NG42\]](#) – please focus on Section 9: Organisation of care.

Further reading

If you have additional time, you may also find the following resources helpful:

- [Effective multidisciplinary working: the key to high-quality care](#)
- [Improving the effectiveness of multidisciplinary team meetings for patients with chronic diseases: a prospective observational study](#)