

2. Wash your hands!

Look at the picture. Where is Chipo (on the left)? What's the other person's job? Can you guess why Chipo is there?



Now read the story and answer the questions.

Chipo and her friends were in their school classroom. Chipo was telling her friends about the baby goat that she was feeding. While she was telling the story, she suddenly started to feel ill.

"Hey, Chipo, what's the matter?" said her friend Mercy. "You look terrible."

"I feel terrible," said Chipo. "I'm shaking, and I feel like I want to be sick."

The teacher was standing nearby. "I think you should go to the clinic," she said. "It's only ten minutes walk from here. Mercy, go with her."

At the clinic, the nurse took Chipo's temperature and looked at the thermometer.

"Your temperature's normal," she said. "I don't think it's anything very serious. Have you eaten any food that wasn't fresh?"

"No," said Chipo. "And I was fine earlier today. I was looking after our baby goat."

"Did you wash your hands after you touched it?" asked the nurse.

"Erm... I don't remember," said Chipo.

"It's very important to wash your hands with soap often," said the nurse.

"And always do it after you touch an animal."

The nurse told Chipo to drink lots of water and rest until she felt better.

As Chipo and Mercy were walking back to the school, Chipo said, "I love looking after animals. I think I'd like looking after people too. Maybe one day I'll work in a clinic."

1. Where was Chipu at the start of the story?
2. Why did the teacher tell Chipu to go to the clinic?
3. Who went with Chipu to the clinic?
4. Was Chipu's sickness serious?
5. Why do you think Chipu was sick?
6. What did the nurse tell Chipu to do?
7. What did Chipu say after they left the clinic?

Complete the sentences with these words from the story.

nurse shaking sick soap temperature thermometer

1. You take somebody's _____ with a _____.
2. Chipu felt that she wanted to be _____, and she was _____.
3. The _____ told Chipu to wash her hands often with _____.

Look at the posters. Do you always follow this advice?

Wash your hands!



Always wash your hands with soap

- after you go to the toilet
- before you eat
- before you touch food
- after you touch animals
- after you do anything that makes your hands dirty

Mosquitoes can kill!



Mosquitoes carry malaria.

- Sleep under a mosquito net.
- Wear long clothes in the evening.
- Don't leave water for mosquitoes to breed in.